Persistence and perseverance have very similar meanings, and “持之以恆” (chī2 zhi1 yi3 heng2) means exactly that – to persevere in doing something.

To someone who quits easily, you may offer the advice that to succeed in anything, one must “持之以恆” (chī2 zhi1 yi3 heng2). Not finishing what one has started is “半途而廢” (bān4 tu2 er2 fei4), which is “to quit half-way through.”

You must, of course, choose wisely in what you “持之以恆” (chī2 zhi1 yi3 heng2). Honestly, it is rather difficult to understand why you would want to spend your life painting a ball!

Terms containing the character “恆” (heng2) include:

- 恆心 (heng2 xin1) – persistence, constancy of purpose
- 永恆 (yong3 heng2) – lasting, permanent
- 恆常 (heng2 chang2) – usual, common
- 恆久 (heng2 jiu3) – durable, long lasting