新人的首選婚禮指南
Your Go-to Wedding Guide
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Wedding.ESDlife – for everything you need to know about weddings

Wedding.ESDlife is Hong Kong’s No. 1 online wedding media, offering a comprehensive and stress-free wedding planning experience. Its contents range from wedding ideas and tips, finding the ideal vendors/suppliers, to planning and managing your budgets. According to a Hong Kong Polytechnic University survey in 2015, over 90% of HK’s wed-to-be has visited this site within the past 12 months, and 77% click on it at least once a month.


作為香港 No.1 網上結婚媒體，新婚生活易致力幫助新人全面地及零壓力地籌備婚禮，並提供結婚資訊、協助尋找理想商戶以及管理所有婚禮花費和預算等。根據香港理工大學於 2015 年的調查，超過 90% 香港准新人於過去 12 個月內曾經瀏覽這個網站，77% 更最少每月瀏覽一次。透過旗下婚禮網站 - wedding.ESDlife.com，WeVow 婚禮籌備 App，「婚事同學會」社交平台以及婚禮商戶指南，新婚生活易每月可接觸到成千上萬名準新人。
Wedding.ESDLife.com – the No.1 wedding platform
The website and its mobile site deliver a myriad of fascinating contents - from the latest nuptials news, wedding dress and tuxedo trends, inspiring wedding ideas to personalized styles, and more.

Wedding.ESDLife.com – No.1 婚禮資訊平台
通過電腦版及手機版網站發掘一系列最新婚禮資訊、婚紗禮服潮流、啟發創意的婚禮構思、個人風格等各類內容。

WeVow - Your comprehensive nuptials assistant
WeVow is an all-in-one wedding mobile app uniquely designed to help couples effortlessly planning their once-in-a-lifetime wedding with their partner. In addition to wedding budget and expenditure management, the app allows future bride and groom to connect with local vendors, and even synchronize their stored data with each other without needing to input again. It is simply a smart tool!

WeVow - 全面照顧您的婚禮需要
WeVow 是一個獨一無二的婚禮籌備 App，專門協助準新人輕鬆計劃他們一生中只有一次的夢想婚禮。除了可以管理婚禮開支預算和聯繫本地商戶外，這個流動應用程式亦能幫助情侶們同步儲存在 App 內中的婚禮資料，極為輕鬆方便。

Wedding Union - A place to share your happiness
Planning for a wedding is never easy. The process could be filled with joy and love, as well as frustration and annoyance. The Wedding Union blogging platform allows the future brides and grooms to vent their feelings, as well as sharing invaluable advice and supporting each other in this invaluable moment.

婚禮同學會 – 讓你暢所欲言的平台
籌備婚禮絕不簡單。這個過程可能充滿歡樂和愛意，亦可能遇到挫折並為此煩惱。『婚禮同學會』網站平台可以讓準新人盡訴心聲，分享寶貴的建議，以及在這重要的一刻互相支持。

Wedding Business Directory - a comprehensive Wedding Directory
The Wedding Business Directory, now available on its website, App Store and Google Play, is an excellent place for wedding businesses to showcase themselves and for couples to search for the latest wedding information. With over 1,700 vendors’ information and discounts listed in great detail, the handy tool also supports search and share function. The most recent additions include the Chinese banquet menu preview and search by location function, providing an more convenient user experience.

婚禮商戶指南－全面的婚禮指南
『婚禮商戶指南』的網站及應用程式版本，提供超過 1,700 個婚禮商戶資料，讓您盡享最新婚紗禮服及優惠詳情。此外，搜尋及分享功能更可大大節省準新人籌備婚禮的時間。新增增「中式婚宴酒席預算」，以及「就近搜尋」功能，可根據用戶位置搜尋附近商戶。
As one of Hong Kong’s leading wedding media, WeddingESDlife has been setting an exemplary role in the industry to enhance professionalism and encourage wedding vendors to provide consistent quality service. It also facilitates communication and interaction between vendor and consumer.

Bridal Award – the Oscar for the wedding industry

The annual Award has been Hong Kong’s leading award in the wedding market since 2005. It is designed to honor distinguished businesses that have provided the highest quality wedding products or services throughout the year. Organized under a ‘one-person-one-vote’ system, all winning brands are truly deserving of the coveted accolade.

Newlywed Award

The one and only award in Hong Kong that is dedicated to newly-weds or engaged couples, the Newlywed Award catches the eye of 50,000* weds-to-be every year to share their love stories and spread the message of love in town.

Quality Wedding Merchant Scheme (QWMS)

The Scheme aims at elevating the wedding industry service level by awarding outstanding quality wedding merchants. It also serves, at the same time, as a platform for consumers to identify excellent service providers in Hong Kong.
Quality Wedding Merchant Scheme

Behind every fantastic wedding is a team of dream vendors that brides and grooms look for. To ensure finding professionals that are up to service standard, and encourage wedding merchants to provide quality service, Quality Wedding Merchant Scheme (QWMS) is established in Hong Kong to make it easy for weds-to-be to find wedding venues, photographers, decorations and other merchants that they can trust.

每一個完美婚禮背後總有一班專業團隊幫手。而「優質婚禮商戶計劃」不單可確保新人找到的均是信譽有保障的婚禮商戶，更可以鼓勵商戶提供高質素的服務及產品。

Overview

The Scheme is introduced by the Hong Kong’s leading wedding media - wedding.ESDLife and all accredited merchants are required to pass rigorous assessments and criteria that set by the Hong Kong Productivity Council (HKPC), to prove they meet high standards of wedding services and provide quality products. The recognized merchants will be awarded as “Quality Wedding Merchant” accolade and the given logo is a symbol of quality service and products for reference by weds-to-be.

計劃簡介

此計劃由香港 No.1 結婚媒體 — 新婚生活是推行，認可商戶必須成功通過香港生產力促進局制定的一系列評審標準及嚴格評核，以證明其服務及產品質素都能達到優質水平。所有認可的商戶均會獲得「優質婚禮商戶」標籤，供準新人作為識別和參考。

Finding Your Reliable Wedding Merchants

Brides and Grooms-to-be can simply look for wedding merchants who have the “QWMS” logo, this means they have pledged to:

- Deliver the best wedding service and products
- Maintain a proper and comfort venue
- Offer wedding package deals clearly with no hidden costs
- Display clear product information and prices
- Provide superb customer service with thoroughly coordination from pre-wedding to your big day

In addition, HKPC will evaluate regularly among the accredited merchants to ensure services are maintained to the highest standard. The Committee of QWMS will also conduct investigation and follow closely upon receipt of complaint to enhance consumer protection for weds-to-be.

找到您可靠的婚商

準新人只需要選擇擁有「優質婚禮商戶」標籤的商戶，就能得到以下的保障：

- 提供高質素的婚紗服務及產品
- 維持合適並舒適的場地
- 婚紗套餐不含隱藏收費
- 清晰列明產品及服務的資訊和價錢
- 於整個過程中提供一流的客戶服務

此外，香港生產力促進局會定期監察訪查商戶，確保服務質量保持優質水平。若接獲客人投訴，優質婚禮商戶委員會將會緊密跟進，並盡力調查。
No matter how chilled out you might be, or how simple your plans are, almost every couple feels stressed in the lead up to their wedding. So brides should know little tricks to beat the pre-wedding stress at the planning stage.

不論婚禮準備有多冷靜，或手上的計劃有多簡單，大部分的情侶在婚禮的準備過程中，都會感到十分緊張。因此，新娘們應該要知道一些小撇步，去減輕婚禮前的壓力。

10 Must-Read Tips

1. Start searching early
Start your search for the perfect wedding venue as soon as you can, as many wedding venues are booked early, some even 1.5 years in advance. Without choosing your venue, you can't share your wedding date with other vendors, so it's a crucial step in the wedding planning process.

盡早開始搜尋適合的婚禮場地，因為許多婚禮場地都會在婚禮前的1.5年就已經被預訂。如果不選擇場地，你就不能和之後的其他供應商分享你的婚禮日期，因此這是婚禮籌備過程中很重要的一步。

2. Search and read reviews from other brides
It’s definitely worth reading reviews left by other brides about the venues you are short-listing. Reviews are a way to gauge a venue’s consistency in their service and to get a general idea, especially those on Wedding Union. This will help you to narrow down your potential wedding venue list before you take the time and trouble to visit it.

其他新娘們關於場地的評論絕對值得參考。評論可以幫助你了解場地的服務品質，並給你一個大致的了解，特別是在Wedding Union網站。這將幫助你精選適合的婚禮場地名單，再花時間前去看看。

3. Take reference from accredited QWMS merchants
Accredited QWMS merchants are recognized as “Quality Wedding Merchants” which are better trusted by couples in the market with a high-standard of quality services and products.

受認證的QWMS商家被認為是業界的優質婚禮供應商，他們能提供高品質的服務和產品。

4. Venues site visit
Visiting venues is an important part of the process as it will help you determine which one you ultimately like best. By touring around, you can experience the ambience, meet the staff, and see how spacious it is to help you to visualize your wedding party setup.

參觀場地是很重要的一步，因為它將幫助你決定最終喜歡的場地。透過參觀，你將能了解場地的氛圍，見識場地的安排，並看到場地的空間大小，有助於你將婚禮派對的管道設置在腦海中。
Quality of service

- Make sure food storage service is available at the venue, in case the actual number of required banquets is less than expected.
- The banquet a la carte and beverage menus are usually subjected to separated charges. Keep an eye on the provision time of beverages, additional charges on overtime serving, and corkage fee.
- Find out the venue handover time for the function, and make sure there is sufficient time for decoration. Will there be additional charges if the function goes overtime?
- Keep an eye on where the kitchen is located during the site visit. It helps you to make sure food is served fast and warm.

Other details

- Remember to ask for permission and details of cleaning fee if special effects are required.
- Pay attention to the minimum charge for block booking.
- Make sure a fair use of communal facilities in the venue, such as a spiral staircase.
- Before you book, ask for further details in case of a wedding rescheduling, inclement weather, refunding, or more. Make sure credit card payment is allowed for the deposit installment plan.
- Notify the staff members about the responsible party for settling all additional charges.
- Communicate with the wedding coordinator regarding the distribution of wedding packets and tips to all participated staff members.
- Remember to plan ahead with the wedding coordinator if photo shoot is required outside the function hall.

Highlights of 2018-2019 Quality Wedding Merchant Scheme
婚禮商戶指南

MOBILE APP

用手機直接搜羅
不同類別的婚禮商戶資料
最新優惠，大大節省你的時間

最新婚禮資訊
一切盡在你手

新婚生活易
wedding.ESDlife

Restaurant and Special Venues
酒樓餐廳及特色婚禮場地

• Find out the leasing details before booking in case it has shutdown or relocated.
• Conduct a site visit before booking an uncompleted venue. Never make a reservation which is close to the construction completion date.
• Ensure all guests can see the stage directly inside the venue.
• Always run a PA and lighting test at the venue.
• Check every detail of your wedding package and see if any additional fee and charges will be applied.
• Check whether the bridal room is well equipped.
• Enquire about a vegetarian wedding menu if necessary.
• Ensure there is enough space for setting up a photo booth, candy corner or other facilities at the reception or venue.

• 預訂前查明租賃詳情，確保場地未有關閉或搬家。
• 實地考察未完工的場地，並避
免預訂接近施工完工的日期。
• 確保所有客人在場內都可以直接看到舞台。
• 應隨時進行場地音響和燈光測試。
• 檢查婚宴套餐的每個細節，看
著會否收取任何額外費用。
• 檢查新娘房是否設備齊全。
• 如有需要，查詢素食婚宴菜單。
• 確保有足夠的空間在接待處
或場地設置 Photo Booth，
Candy Corner 等娛樂區。

Highlights of 2018-2019 Quality Wedding Merchant Scheme
Finding your Dream Wedding Gown and Tuxedo

We know that choosing a wedding gown and tuxedo is not an easy task, because it is a once-in-a-lifetime decision. On the wedding day, both the gown and tuxedo are going to be the centerpiece of the entire outfit as well as the first thing eyes are drawn to as the bride walks gracefully down the aisle, so finding the perfect wedding dress and tuxedo is incredibly exciting but can be stressful. Here are a few tips that can help make a smart decision to get your dream wedding outfit.

1. Start your search early. Do your Homework.
   As the bride, do some research first in order to know what kind of gowns you would like to wear on your big day. Browse dress styles on internet where you can find plenty of options for wedding gowns to have a better idea of what you really want so you can communicate clearly with the shop.

2. Do not pick a wedding dress just because it’s trending.
   Try not to get caught up in the trend, but instead focus on your personal style and ensure the dress fits you comfortably and looks flattering.

3. Create a Perfect Match
   Brides and grooms should consider their skin tone and hair color before picking their gown and suit. As the gown is usually the main focus of the wedding, the groom should try to match the color and style with the bride.

4. Ask clearly
   Ask about the fitting fee, number of fittings allowed, and maximum number of fittings. A quality wedding vendor should specify all the fees for reference, so that consumers are protected.

5. Try it on and check thoroughly
   Ensure you check all details of the gown and suit, from smoothness of zippers, cleanliness of both inside and outside, to the integrity of the veil and gloves.

Highlights of 2018-2019 Quality Wedding Merchant Scheme

Casey's Wedding (2018-19 優質婚禮商戶)
Rings and jewelry
- As the timeless symbol of love, wedding rings should never be a last-minute decision. Allow 3 months before the wedding to ensure made-to-order items are delivered on time and you have sufficient time to adjust sizes.
- As romantic as it may sound, engraving you and your partner’s names right after purchasing the ring may not be the best decision. Further down the line, you may want to give the size or design a change and unavoidably spoil the engravings.
- Even if tempted by the price, it is advisable to choose from a reputable company to avoid any losses, and take note of their after sale services including size and design adjustments, free cleaning, and buy-back depreciation.
- To avoid breakage, closely examine the clasps, chains, and hollow parts of bracelets, as well as the rings’ diamond setting.

Tips#3: Choosing your Wedding Jewelry
選擇您的婚嫁珠寶和首飾

Wedding jewelry is an integral part of the bridal look, as the right combo could add so much glitz and glamour to your big day. There are countless possibilities when it comes to accessorizing your bridal wear, ranging from ‘his & hers’ wedding rings, pendants, earrings, to so many other gorgeous items. This guide will help you look for bridal jewelry that can truly accentuate your glamorous style.

婚嫁首飾是婚嫁穿搭中不可或缺的一部分。要為大日子增添更多光芒，不妨考慮由優雅和時尚的珠寶首飾入手。結婚對戒、吊墜、耳環和其他飾物，都可讓新娘打扮變得更加獨特。細讀以下貼士，助您尋找最合適的婚嫁珠寶，打造耀眼奪目的造型。

Gold jewelry
- Jewelry shops in Hong Kong can price their gold merchandise without constraints. It is therefore recommended to visit different retail shops to be better informed of the prices before sealing the deal.
- Small jewelry shops may offer merchandise at a better discount than reputable brands, but the gold itself may contain more impurities. Do also note that when selling gold accessories, it is likely that large jewelry brands will charge a higher handling fee if the merchandise is made by another company.
- When shopping for goldwares, it is advisable to bring along parents and future-in-laws. You will have a better understanding of their budgets and tastes, as well as finding items which match each other’s expectations.
- Light weight gold bracelets usually offer more stylish designs, but can suffer from deformation easily as a result. Chunkier designs often appear more traditional, and as the clasps are made with real gold, the prices would also be considerably higher. Bracelets with multi-dimensional designs are made with a larger quantity of gold; meanwhile, the crafting fee would also be more substantial.
- If you prefer rental over purchasing, remember to check if the weight of gold is clearly stated on the receipts to avoid any disputes upon returning.

金器
- 香港的金行可以自行為鑄金定價，因此建議購買金器前前往不同店鋪比價。
- 小型珠寶行會以低廉價格吸引客人，但其金器可能會含有較多雜質。另外，大型珠寶行規購並非自家品牌的金器時，亦可能會另收「火號」（手續費）。
- 購買金器時，不妨和雙方家長一同前往選購，了解大家的預算和喜好，並且滿足各自期望。
- 薄身的金飾通常設計較為時尚，但亦會因此容易變形。較厚重的設計通常較為傳統，而且由於中間開口扣位為金製，價格會較貴。立體雕花屬飾用較多黃金製作，手工費亦較高。
- 如果選擇租借金器，要確定店員有清楚在收據上註明重量等資料，以免歸還時出現爭拗。

婚戒珠寶
- 作為永恆愛情的象徵，結婚戒指不應該在最後一刻才下決定。不妨在婚前三個月購買婚戒，確保可以準時收貨，亦能有充足時間調整大小。
- 無論看起來多麼浪漫，在購買戒指後最好即時刻上您和伴侶的名字。如果戒指大小和設計需要作調整，無可避免會改動刻的的名字。
- 無論價錢如何吸引，購買珠寶首飾時一定要選擇聲譽良好的公司，以防損不償失。另外亦要留意公司的售後服務是否包括調整戒指大小和設計、免費清潔等，以及回收價如何。
- 為免珠寶突然斷裂或脫落，購買時謹記細心檢查手鍊的扣環、通花設計以及鑽石戒指的鑲嵌是否稳妥等。

Highlights of 2018-2019 Quality Wedding Merchant Scheme

周生生
Chow Sang Sang

I-PRIMO
TOKYO
**Tips #4: Finding a Professional Wedding Photographer**

尋找一位專業的婚禮攝影師

A picture is worth a thousand words. Selecting the right photographer is very important because he or she will be capturing every moment of your big day, so be sure to let them know what you would like to capture and how you would like to express your love story.

一張圖勝過千言萬語。選擇合適的攝影師非常重要，因為他將捕捉您大日子的每一刻，所以一定要讓他清楚知道您的要求，及如何表達您的愛情故事。

- The first and foremost of a wedding shot is to establish your style (indoors or outdoors, local or overseas, aesthetics focused, retro or story-driven) and capture what you want.
- Make sure the studio or photographer you hire has a good reputation, especially for freelancers or amateurs.
- If you want your morning wedding photos to be ready and developed by night to show off at the banquet, be sure to check with the production company beforehand and decide upon the fee and precise pick-up time.

首先確定自己的要求及風格，如室內外景、本地、海外、唯美、懷舊或是具故事性的主題婚紗照。

確保所選擇的商戶攝影師有口碑。如果選擇自由或業餘攝影師，更要小心查核用家評論。

如果您想婚禮早上的相片於晚宴前衝印好，務必預先詢問製作公司能否完成及相關費用，亦要確定提取相片日期。
Tips#5: Picking the Right Makeup Artist for your Wedding
挑選合適的化妝師

- When going for a bridal makeup trial, remember makeup artists do not accept walk-ins. Instead, make an appointment with your favourite artist one month earlier. To avoid no-show, companies may also ask for payment in advance.

- Decide the date for the final trial and number of styles you will be wearing. On the final trial day, finalize with the make-up artist to ensure the best outcome.

- Should you choose large corporations, make sure that you will be serviced by the makeup artist that you asked for.

- 試妝服務並不接受 walk-in 形式，新娘需提早至少一個月預約心儀的化妝師試妝。公司為防止新娘爽約，大多數不接受於試妝當日才付試妝費，而需事前付款。

- 了解 final trial 日子及造型數目，並於當天與化妝師商討婚禮造型，以達到理想風格。

- 選擇集團式化妝公司時，必須確認是否由您指定的化妝師為您服務。

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Highlights of 2018-2019 Quality Wedding Merchant Scheme

女儿牌 (2018-19 優質婚禮商戶)
Tips#6: Choosing a Marriage Celebrant
選擇婚姻監禮人

It can be overwhelming to know what to look for when it comes to choosing the person who will officiate the ceremony. The right celebrant will understand what you want, and work with you to make it truly intimate. They will know about every detail of your beliefs and traditions, and help you make informed decisions about what to include or exclude from your ceremony.

選擇婚姻監禮人對於準新人來說可以是一件很艱巨的事。合適的監禮人將了解您的需求，您的信仰和傳統的每個細節，並幫助您做出明智的決定，打造您完美的婚禮。

- Clearly understand the content of the celebrant service package and learn whether there will be documentation fees or extra fees charged if the ceremony takes place in a remote area.
- Confirm how long the ceremony will take and other details such as whether there will be overtime charges.
- Couples may ask the celebrant for a sample video of past ceremonies to see if it is what they are looking for.
- Check whether appointing a specific celebrant will induce additional charge and list out all special requirements as soon as possible, such as the gender and religious belief of the celebrant.

Tips#7: Selecting a Wedding Venue Décor
選擇婚禮場地佈置

No wedding feels truly complete without stunning decorations. The wedding's décor is one of the best ways to let your personality shines on your big day and turn an already special event into a magical, once-in-a-lifetime celebration that you've always dreamed of. Wedding decorations are not easy, they require a lot of thought and careful preparation, so it would be better to find a décor vendor who can understand and aid you through the journey.

婚禮的佈置絕對可以令您的大日子變得如童話般難忘！因此，一個完美婚禮總少不了華麗的裝飾。於準備場地佈置方面，必須深思熟慮及精心準備，找一個能夠了解您所需和所需的佈置公司協作。

- A great venue decoration company has a detailed workflow. Couples are normally given 2-3 chances to amend the design.
- When choosing the right company, couples should reference to photos of previous work and meet with the person in charge to ensure the best result.
- After deciding the wedding venue, it is best to conduct site visits with the company to understand the characteristics of the venue to select the best design.
- Couples should check with the venue provider to see if all areas are available for decoration, such as the stairs, corridors, and other public areas.
- Decide the scale of decorations according to the constraints of the venue. A candy corner and photo booth may be a desired.
- Confirm the number of crew, arrival time and time required for the decoration to avoid guests arriving before the venue is properly decorated.

Highlights of 2018-2019 Quality Wedding Merchant Scheme

K. Y. Leung & Co., Solicitors
梁嘉祐，陳業玉律師行
**Tips#8: Planning an Overseas Wedding**

There's something special about getting married in a far-flung destination, against a backdrop of mountains or the sand somewhere tropical. As gorgeous as these locales are, do not forget there are more to take into account than the venue itself. The timing of the ceremony, the weather at the location, and guests' availability to travel are all concerns that have to be considered. Follow these tips to help you create a memorable wedding abroad for you and your guests.

在一個背山面海或陽光與海灘的地方結婚，總是有一種醉人的情調，但也有多項特別事項要注意，像儀式時間、地點的天氣和客人可否短暫離開香港都是必須考慮的問題。以下一些提示會幫助您籌劃海外婚禮，並令您的客人在國外體驗一個難忘的婚禮。

- Ensure on the details of the wedding package, including photography, transportation and crew arrangements, and other services.
- Confirm the scale of the wedding, such as the number of guest invited, and the type of the ceremony, which are both crucial for determining the wedding venue.
- Make sure that the certificate of marriage issued by the country of your choice is recognized in Hong Kong. Otherwise, marriage registration in Hong Kong is needed.
- Different country requires different documents for marriage registration. Make sure that you have everything needed.
- Every country has its own office hours. Make sure that the date of marriage and the signature date of the marriage certificate is the same.
- Make sure you have a clear plan of how much budget you would like to allocate for wedding guests' flights, accommodation, and tourism arrangements.

- 請問套餐詳細內容，包括婚禮攝影、交通安排、工作人員安排及其他服務等。
- 先了解海外婚禮規模，如邀請賓客人數、證婚及婚宴形式，再與中介公司商議合適的婚禮地點。
- 需確認該國家之結婚證書是否為香港承認，否則需要在香港再次註冊方能成為合法夫妻。
- 不同國家辦理結婚證書手續所需文件均有不同，出發前需向中介公司了解清楚及提供所有文件，以免遺漏。
- 由於不同國家的辦案時間有別，要留意結婚日期與結婚證書的簽名日期可能有出入。
- 新人可諮詢家人意見，商議賓客機票和住宿開支，以及婚禮後於當地之旅程安排，清楚定立預算。
**Tips#9: Marriage Tradition**

中式傳統嫁娶禮儀

A traditional Chinese Wedding consists of 3 stages and a total of 6 rites.
1. Preparation stage (including Betrothal Ceremony, Presenting Dowry, Bed Setting Ceremony, Hair Setting Ceremony)
2. Wedding day stages (Chinese Tea Ceremony, Engagement Ceremony, Bedding, and more).
3. Post-wedding stage (Maiden Home Return Ceremony)

中國嫁娶禮儀共三階段。第一階段是婚前準備階段，包括贈禮、備嫁妝、安床、上頭。第二階段是婚禮當日的獻茶，最後階段是返家禮儀返門。前後總共六個儀式。

**Rite #1: Betrothal Ceremony**

A month before the wedding day, the groom will deliver betrothal gifts to the bride’s family on an auspicious date. In tradition custom, the betrothal ceremony serves as the groom’s formal proposal to the bride’s parents. The gifts that the groom presents symbolize prosperity and good fortune, which includes a pair of coconuts, lotus root, candied lotus seeds, jujube and more.

**Rite #2: Presenting Dowry**

The bride’s parents will return her dowry along with reciprocal gifts on the day of betrothal. The bridal dowries typically include: gold jewellery given by bride’s parents, a tea set for the wedding tea ceremony, bedding, and more.

**儀式 #1: 過大禮**

婚禮前一個月，新郎將在吉祥日期向新娘的家人過大禮。在傳統習俗中，訂婚儀式是新郎對新娘父母正式問婚允許的儀式。新郎贈送的新娘禮物象徵繁榮和好運，其中包括一對椰子、蓮藕、蓮籽、紅棗等。

**儀式 #2: 傳嫁妝**

新娘的父母將在訂婚當天贈送她的嫁妝以及噹寄禮物。嫁妝通常包括新娘父母贈送的黃金首飾、婚慶茶具、床上用品等。

**Rite #3: Bed Setting Ceremony**

Traditionally, the newlywed will invite a woman or a man of good fortune to move the wedding bed to a lucky position, and then invite some kids to jump on it. This is believed to bring good fortune so the bride will bear kids soon and the couple will have a harmonious life.

**Rite #4: Hair Setting Ceremony**

The Hair Setting Ceremony is a tradition that symbolizes both bride and groom are stepping into adulthood. The custom is traditionally prepared by a woman or a man of good fortune, but usually performed by the couples’ parents today. The ceremony is conducted the night before the wedding day with a set of blessing messages to be expressed during the ceremony.

**Rites #5: Chinese Tea Ceremony**

The tea ceremony is a quintessential Chinese wedding tradition. It is a time for the bride and groom to pay respect and show their gratitude towards their parents for all the years of nurture and love.

**Rite #6: Maiden Home Return Ceremony**

The bride will return to her parent’s home on the wedding day, the next day or on the 3rd day after the wedding day. This symbolizes that the bride is well taken care by her husband and is living happily in a new home.

**儀式 #3: 安床儀式**

新婚夫婦傳統會邀請一位好命的女士或男士將床移到吉位，然後邀請一些孩子於床上跳動，希望為夫妻帶來好運，添生貴子，生活美滿。

**儀式 #4: 上頭儀式**

上頭儀式象徵新娘和新郎步入成年。這習俗傳統由一位好命的女士或男士準備，但現今多由新人的父母完成。儀式在婚禮前一晚進行，為夫妻送上祝福。

**儀式 #5: 献茶儀式**

獻茶是中國婚禮典型的傳統。這儀式表達新娘和新郎對父母多年來的愛護和照顧的敬意。

**儀式 #6: 回門儀式**

新娘在婚禮當天、第二天或婚禮後第3天返回父母的家。這儀式新娘被丈夫悉心照顧，幸福地在新家生活。
Tips#10: Choose a Pre-marital Check-up Plan

選擇婚前檢查

Pre-marital Check-up

- The purpose of pre-marital check-ups is to understand each other’s health status and negate any hereditary risks that may affect the couple’s pregnancy in the future.
- Considerations when choosing pre-marital check-up plans: professionalism of the medical service provider, adequacy of check-up items, the price and so on.
- Apart from general physical examinations, the check-up should also test for Rubella, Hepatitis B, Thalassemia, Rhesus Factor, Syphilis and other hereditary diseases.

婚前檢查

- 婚前檢查主要目的是讓新人清楚了解雙方的健康狀況，除了基本的身體檢查外，更會加上針對傳染病及影響下一代的疾病的檢查，以減低將來嬰兒患有遺傳病的風險。
- 選擇婚前檢查要考慮：檢查中心的專業性，配套服務，檢查項目是否足夠及價錢等。
- 婚前檢查除了一般體格測試外，亦重點針對細菌性梅毒、乙型肝炎、地中海貧血症，人類免疫缺陷病毒等傳染病及影響下一代的難疾，新人需要留意清楚。
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